The BBQ Baker, Out of the Ord Pumpkin Ginger Slice

Ingredients:

- 1/3 cup crystalized ginger*
- 1/3 cup chopped roasted macadamias
- 1/4 cup almond milk
- 2 tablespoons chia seed
- 1/4 cup grape seed oil
- 2/3 cup white sugar
- 3/4 cup pumpkin mash
- 2 teaspoons vanilla essence
- 1cup plain flour
- 1/2 teaspoon bi-carb soda
- 1/4 teaspoon each: ground ginger, cinnamon & salt
- Butter for greasing pan



Method:

- 1. Warm up the BBQ/Oven to 175 degrees Celsius. Grease and paper a square baking dish I don't know what size the pan is I used as I don't have a ruler at home so I suggest you use whatever you have. Cut up raw pumpkin and boil until soft then mash it into a puree. In a small cup mix together the chia seeds and almond milk set aside.
- 2. In a medium bowl mix together the oil, sugar, pumpkin, and vanilla. In another bowl stir together the flour, baking powder, spices, and salt.
- 3. Now add the pumpkin mixture and chia/milk to the flour bowl, mix until smooth and all the chia milk clumps are separated. Cut up the ginger and macadamia nuts into bite-sized pieces. Fold in the ginger and nuts. Save some of those to stick on top.
- 4. Pour the batter into the baking dish and smooth the surface with the back of a spoon, sprinkle over the extra ginger and nuts. Bake it for 35-45 minutes on the cooling rack of the BBQ or until a skewer comes out clean. Let it cool for 20 minutes.

Notes:

- This is the kind that has the bits of sugar on the outside. You'll find it in the baking aisle.
- Original recipe found here <u>http://www.thugkitchen.com/pumpkin_blondies</u>

Find online: <u>Here</u> at the <u>BBQbaker.com</u>